

# SEPTEMBER 2022

## COLUMBUS COMMUNITY SCHOOLS

EARLY OUT FRIDAYS @ 1:55 PM.

MENUS MAY BE CHANGED DUE TO CIRCUMSTANCES BEYOND OUR CONTROL.  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**NO SCHOOL!**  
**Happy Labor Day**  
**To ALL Of You**

**5**

**Omelet wrap**

**6**

Pork fritter on a WG bun  
Sunchips  
Kidney beans  
Pears

**Mini Cinnis**

**7**

Pizza Crunchers  
Romaine Lettuce w/ Ranch  
Breadstick  
Peaches

Breakfast pizza- egg/bacon  
Or Sausage  
  
Taquito w/ cheese sauce  
Romaine Lettuce w/ ranch  
Tostito chips  
Peaches

**1**

Yogurt and Graham crackers

**2**

Corndog  
Baked Beans  
Cottage Cheese  
Pineapple

Breakfast pizza egg/bacon  
Or Sausage

**8**

Chicken Nuggets  
Mashed Potatoes  
Steamed Carrots  
Mixed Fruit

Assorted Muffins and Fruit

**9**

Beefy Cheesy Nachos  
Salsa  
Corn  
Kiwi

Cereal Bar and Fruit

**12**

Hard shell Taco- Hamburger,  
Shredded Lettuce, Cheese  
Salsa  
Refried beans  
Applesauce

Breakfast Pizza-egg/bacon  
Or Sausage

**13**

Chicken Patty on WG bun  
Pasta salad or Coleslaw  
Apricots

Cream filled long john & Fruit

**14**

Weiner wink  
Baked Beans  
Mashed potatoes  
Pears

NATIONAL CREAM FILLED DONUT DAY

Breakfast Biscuit-egg, cheese,  
Sausage on WG Biscuit

**15**

Spaghetti w/ Meat sauce  
Romaine Lettuce w/ Ranch  
Orange  
Breadstick

Bagel w/Cream Cheese

**16**

Pizza  
Corn  
Grapes

Ham Combo & Toast

**19**

Goulash  
Green Beans  
Mandarin Oranges  
Wheat Roll

Breakfast pizza- egg/bacon  
Or Sausage

**20**

Macaroni & Cheese  
Little Smokies  
Broccoli  
Applesauce

Breakfast Mountain-egg, cheese  
Sausage on an English Muffin  
Chicken Fajitas – wheat tortilla,  
Shredded Lettuce, Cheese,  
Refried Beans  
Spanish Rice  
Banana

**21**

Assorted Breakfast Entrees  
  
Texas Mountain- Hamburger,  
Mashed Potatoes, Cheese  
Sauce, Corn  
Peaches

**22**

Biscuit and Sausage Gravy

**23**

Hamburger on a WG bun  
French Fries  
Cantaloupe

Pancakes and Sausage

**26**

WILDCAT BURGER-Hamburger  
patty, cheese, lettuce and  
Tomato slice, Wedges  
Side Kick

NATIONAL PANCAKE DAY!  
HOMECOMING WEEK!

Cereal and Toast

**27**

Chicken Wrap – Chicken strips,  
Shredded lettuce, cheese, on a  
wheat tortilla  
Refried Beans  
Pears

NATIONAL CHOCOLATE MILK DAY!

Scone

**28**

Creamed Chicken on a biscuit  
Peas  
Peaches

Breakfast pizza –egg/bacon  
Or Sausage

**29**

Loaded Spikes – French fries,  
Hamburger, cheese sauce  
Corn, Salsa  
Applesauce

French Toast Sticks

**30**

Mini Footballs ( Mini Corn dogs)  
Baked Beans  
Cottage Cheese  
Pineapple

GO WILDCATS!

Orange juice and milk served with Breakfast. Milk choices served with Lunch, Pre-K white milk only.

Also available instead of main entrée MS/HS: Cold Meat Sandwich, Chef Salad w/ roll, or Cereal w/PB&J sandwich, & 1 cheese stick.

Roundy 4-6 grades: Cereal w/PB&J sandwich, & 1 cheese stick or Chef salad w/ roll.

ON LATE START DAYS OR HOLIDAYS THERE WILL NOT BE ANY SALADS OR CEREALS.