

## **COLUMBUS COMMUNITY SCHOOLS**



Breakfast mountain - egg patty sausage, cheese on English muffin Mini Corndogs **Steamed Carrots** Cottage cheese & Pineapple 2

Muffin & fruit Texas Mountain-hamburger, Mashed potatoes, cheese sauce on texas toast Broccoli and Peaches

French toast sticks Taco – flour tortilla. hamburger, shredded lettuce, cheese, salsa, rice Refried beans & Applesauce 5. Breakfast pizza- egg/bacon Sausage Little Smokies Macaroni and Cheese Mixed vegetables and Pears 6.

Hot dog on a bun French fries Grapes

Frudel

Pancakes and sausage

Pork fritter on a bun Tatar tots 10. Banana

Breakfast pizza – egg/bacon or Sausage Hamburger on a bun Potato salad, Baked beans 11 **Apricots** 

Breakfast biscuit – egg patty bacon, cheese on biscuit Chicken wrap-flour tortilla, chicken strips, shredded lettuce, cheese, Corn, salsa, **Applesauce** 

Cereal, toast, & fruit Breakfast for lunch - omelet. Pancakes, sausage patty, hash Brown, Apple, Grape, Orange Tomato juice

Scrambled eggs and Toast Chili crispito w/ cheese sauce Romaine lettuce w/ ranch Dressing 14. **Pears** 

Omelet wrap Mandarin Orange chicken California blend, rice. Pineapple & Fortune cookie -**GOOD LUCK 2021 GRADUATES** 

Long john and fruit Bacon Cheeseburger, lettuce Sliced Tomato French fries 18. Orange

Breakfast pizza- egg/bacon or Sausage Creamed chicken on a biscuit Pears Strawberries

Biscuits and sausage gravy Walking Tacos-doritos, Hamburger, shredded lettuce, Cheese, Salsa, Corn, **Applesauce** 

Scone Corn dog Baked beans Cottage cheese 21. **Peaches** 

ASSORTED BREAKFAST **FNTRFFS** ASSORTED LUNCH ENTREES **ICE CREAM** 24.

Cereal bar Spaghetti w/ meat sauce Romaine lettuce w/ ranch dressing, Roll 25. Mixed fruit

Donut and fruit Chicken patty on a bun Assorted potatoes Green beans 26. Peaches

Breakfast pizza – egg/bacon or Sausage Pizza Corn **Applesauce** 27.

Mini bagels Sack lunch - hot dog on a bun, Sunchips, Carrots in a bag, Apples in a bag

LAST DAY OF SCHOOL!



Special Announcements: Menus may be changed sue to circumstances beyond our control. Orange juice and milk served with breakfast. Milk choices served with lunch, Pre-k white milk only. Also available instead of main entrée MS/HS: Cold meat sandwich, chef salad w/roll, cereal w/ PB&J sandwich & 1 cheese stick. Roundy 4-6 grade: Cereal w/ PB&J sandwich & 1 cheese stick or chef salad w/ roll.



TEXAS DEPARTMENT OF AGRICULTURE



## BERRY BLAST OFF

The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.









## DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.





This product was funded by USDA. This institution is an equal opportunity provider.





