



APRIL

2021

COLUMBUS COMMUNITY SCHOOLS



Special Announcements: Menus may be changed due to circumstances beyond our control. Orange juice and milk served with Breakfast. Milk choices served with lunch Pre-k white milk only. Also available instead of main entrée MS/HS: Cold meat sandwich, Chef salad w/ roll, Cereal w/ Pb&j sandwich & 1 cheese stick. Roundy 4-6 grades: Cereal w/ pb&j sandwich & 1 cheese stick or Chef salad w/ roll

NO SCHOOL!

5.

Frudel
Chicken nuggets
Mashed potatoes
Green beans, and Strawberries

6.

Breakfast pizza – egg/bacon or sausage
Corn dogs
Baked beans, Cottage cheese,
Pineapple

7.

Donut and Fruit
Sub sandwich – lunch meat, cheese, shredded lettuce tomato slice, Sun chips, Carrots, and Apple slices

1.

GOOD FRIDAY

NO SCHOOL!

2.

Breakfast biscuit – egg patty, bacon and cheese slice

Assorted Lunch Entrees

9.

Mini Cinnis
Bacon Cheeseburger w/ lettuce and tomato slice
Smiles
Banana

12.

Breakfast Pizza – egg/ bacon or sausage
Creamed chicken on a biscuit
Peas
Pears and Bananas

13.

Cereal and PB&J sandwich
Macaroni and cheese
Little smokies
Mixed Vegetables and Peaches

14.

Biscuits and gravy
Chili crispito w/ cheese sauce
Romine lettuce w/ ranch
Apricots

15.

Omelet wrap
Hot dog on a bun
Baked beans
French fries
Grapes

16.

Pancake on a stick
Taco – hamburger, shredded lettuce, cheese flour tortilla, Refried beans, Spanish rice
Mandarin oranges

19.

Scone
Breakfast for Lunch- omelet, Sausage patty, hash brown.
Pancakes, Apple, Grape,
Orange or tomato juice

20.

Breakfast mountain – English muffin, sausage, egg, and cheese
Fiestada pizza w/ doritos, lettuce and tomatoes
Corn and applesauce

21.

Breakfast pizza – egg/ bacon or Sausage
Texas Mountain – texas toast, hamburger, cheese sauce, Mashed potatoes and Peaches

22.

Cereal bar and fruit
Chicken patty on a bun
Cole slaw
Sun chips
Mixed fruit

23.

Breakfast pizza –egg/ bacon or Sausage
Hamburger (maidrite) on a bun
French fries
Pears

26.

Muffin and fruit
Mandarin orange chicken
Rice
California blend
Pineapple

27.

Assorted Breakfast Entrees
Goulash
Broccoli
Roll
Peaches

28.

Breakfast burrito
Chicken fajitas
Refried beans
Spanish rice
Applesauce

29.

Long john and fruit
Pizza melts
Corn
Apricots

30.

- Art Contest Deadline Apr. 2



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program

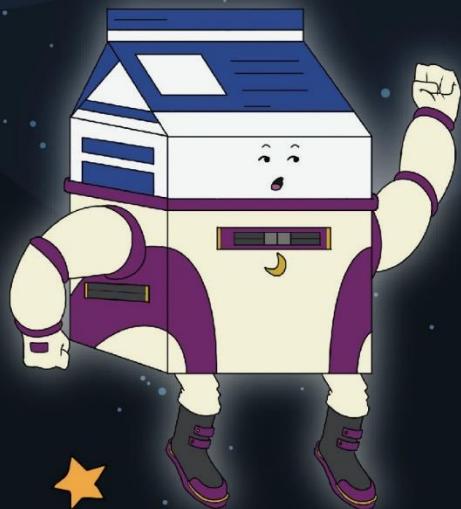


Updated 01/2020
www.SquareMeals.org



MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW
CALCIUM
DAIRY

MILK
TEXAS



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