



MARCH

2021

COLUMBUS COMMUNITY
SCHOOLS



Waffles in a bag
Beefy cheesy Nachos- hamburger,
cheese sauce, and tostitos
Romaine lettuce w/ ranch dressing
Banana 1.

Long john and fruit
Breakfast for lunch –
Omelet, pancakes, sausage patty,
hash brown, Orange, Apple,
Grape, and tomato juice 2.

Scrambled eggs and ham, toast
Taco – flour shell, hamburger,
shredded lettuce, cheese,
Refried beans
Rice and Applesauce 3.

Breakfast pizza – egg/bacon or
sausage
Hamburger (loose meat) on a bun
French fries
Apricots 4.

Frudel
Fish sticks w/ tartar sauce
Mashed potatoes
Broccoli
Apples in a bag 5.

Muffin and fruit
Orange chicken
Rice, California blend
Pineapple 8.

Breakfast pizza – egg/bacon or
sausage
Chili crispito w/ cheese sauce
Romaine lettuce w/ ranch
dressing and Orange 9.

Cereal and PB&J sandwich
Pork fritter on a bun
Baked beans
Smiles 10.

Breakfast biscuit – biscuit,
egg patty, bacon, cheese slice
Pizza
Corn 11.

NO SCHOOL!

NO SCHOOL!
SPRING BREAK

15.

16.

17.

18.

19.

Mini bagels
Chicken patty on a bun
Sweet potato puffs
Cole slaw
Pears 22.

Pancakes and Sausage
Macaroni and Cheese
Little smokies
Broccoli
Blueberries 23.

Breakfast pizza – egg/bacon or
sausage
Texas mountain-Hamburger,
mashed potatoes, cheese
sauce and Peaches 24.

Biscuits and gravy
Chicken fajitas – flour tortilla,
chicken, shredded lettuce,
cheese, rice, refried beans,
salsa, and Applesauce 25.

Donut and fruit
Assorted fish and shrimp
entrees, Scalloped potatoes,
Green beans
Apricots 26.

French toast sticks
Corn dog
Baked beans
Cottage Cheese
Pineapple 29.

Breakfast pizza – egg/bacon or
sausage
Creamed chicken on a biscuit
Peas
Mandarin oranges 30.

Omelet wrap
Pizza melts
Corn
Applesauce 31.

Special Announcements: Menus may be changed due to
circumstance beyond our control. Orange juice and milk served with breakfast.
Milk choices served with lunch, Pre-k white milk only. Also available instead of
main Entrée MS/Hs: Cold meat sandwich, Chef salad w/roll, Cereal w/ pb&j
Sandwich & 1 cheese stick. Roundy 4-6 grade: Cereal w/ pb&j sandwich & 1
cheese stick Or Chef salad w/ roll.

- School Breakfast Week Mar. 8-12



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
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ECLIPSE EGGS

An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12
 10 15 11 5 19 , 1 18 5 20 8 5 25
 3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast- and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



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