

SEPTEMBER

2020

COLUMBUS COMMUNITY
SCHOOLS



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Long John

Breakfast for Lunch- pancakes,
sausage patty, hash brown,
omelet, Orange, Apple, Grape
or Tomato Juice 1.

Breakfast Pizza – egg/bacon

Or sausage
Taco – hamburger, flour shell,
shredded lettuce, cheese, Rice,
Refried beans, Salsa, Applesauce 2.

Scone

Chicken patty on a bun
Baked Beans
Cottage Cheese
Pineapple 3.

Omelet wrap

Texas Mountain- texas toast,
Hamburger, cheese sauce,
Mashed potatoes, broccoli,
Peaches 4.

NO SCHOOL!
LABOR DAY 7.

Yogurt and Graham crackers

Cheese Pizza
Corn
Applesauce 8.

Breakfast Combo

Beef and Bean Burrito
Cheese sauce, Salsa
Romaine Lettuce
Blueberries 9.

Breakfast Pizza – egg/bacon

Or sausage
Creamed Chicken on a biscuit
Peas
Mandarin Oranges 10.

Biscuits and Gravy

Pork Fritter on a bun
French Fries
Apple slices 11.

Breakfast Biscuit – egg patty
Sausage patty and cheese slice
Chili crispito, cheese sauce,
Spinach salad w/ ranch
dressing, peaches 14.

Breakfast pizza- egg/bacon

Or sausage
Mr. Rib
Sweet potato puffs
Apple slices 15.

Cereal & toast

Hamburger (loose meat) on a
bun
French fries
Banana 16.

Pancakes & sausage

Beefy cheesy nachos-
hamburger, Tostito chips,
cheese sauce, Salsa, Corn,
Kiwi 17.

Mini Bagels

Corndogs
Cottage cheese
Baked Beans
Pineapple 18.

Mini Blueberry Waffles

Chicken wrap- flour tortilla,
chicken strips, shredded lettuce,
cheese, Salsa,
Refried beans, Rice, Cantaloupe 21.

Cinnamon Bun

Spaghetti
Romaine Lettuce w/ ranch
dressing, Roll,
Peaches 22.

Breakfast Burrito

Macaroni & cheese
Little Smokies
Broccoli
Applesauce 23.

Breakfast pizza – egg/bacon

Or sausage
Hot dog on a bun
French Fries
Apricots 24.

Frudel

Sub Sandwich – meat,
shredded lettuce, cheese slice,
Fritos, Carrots in a bag,
Apple slices 25.

Muffin & Fruit

Turkey wrap- flour tortilla,
shredded lettuce, tomato slice,
cheese, Sun chips
Orange 28.

Breakfast pizza – egg/bacon

Or sausage
Au gratin Potatoes w/ ham
California Blend, Breadsticks
Apricots 29.

Scrambled eggs w/ ham, toast

Chicken nuggets
Mashed potatoes
Corn
Peaches 30.

Special Announcements:

Menus may be changed due to circumstances beyond our control. Orange juice and milk served with breakfast. Milk choices served with lunch, Pre-k white milk only. Also available instead of main entrée Hs/Ms: Cold meat sandwich, Chef salad w/roll, Cereal w/ pb&j sandwich, & 1 cheese stick. Roundy 4-6 Cereal w/pb&j sandwich & 1 cheese stick or Chef salad w/ roll.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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