

# SEPTEMBER

2019

COLUMBUS COMMUNITY SCHOOLS

**GOOD EATS AT**

Menus may be changed due to Circumstances Beyond our Control. Juice, milk, fruit, and cereal offered daily at breakfast. Milk choices served daily with lunch. Pre-K white only

**SPECIAL ANNOUNCEMENTS**

Also Available instead of Main Entrée: High School- Cold Meat Sandwich, Chef Salad, Or Cereal, PBJ Sandwich and 1 Cheese stick.  
Roundy 4-6 grade: Cereal, PBJ Sandwich, and 1 Cheese stick or Chef Salad.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.



I'm  
**BIANCA**  
"BOOST"  
BLUEBERRY

**NO SCHOOL!**  
**LABOR DAY!**

2

Trix Cereal Bar & Fruit  
Spaghetti with meat sauce, Romaine Lettuce, Breadstick Peaches

9

Scrambled Egg & ham Toast  
Chicken Patty on a bun, French Fries, Broccoli/cheese Applesauce

16

Waffles in a bag  
Chili Crispito With Cheese Sauce  
Romaine Lettuce Diced Peaches Churro

23

Breakfast Pizza- Egg/Bacon & Sausage

Pizza- Cheese or Pepperoni, Corn Applesauce

30

Yogurt & Graham Crackers  
Macaroni & Cheese Little Smokies Broccoli & Apple

3

Breakfast Pizza- Egg/bacon & Sausage  
Hot Dog on a Bun Smiles, Pork & Beans Banana

10

Frudel  
Creamed Chicken on a Biscuit Peas Mandarin Oranges

17

Breakfast Pizza- Egg/Bacon & Sausage  
Breakfast for Lunch- Tri tatar, Omelet, Sausage Patty, Pancakes, Apple Grape & Tomato Juice

24

Breakfast Pizza- Egg/bacon & Sausage  
Chicken Wrap- flour tortilla, lettuce, salsa, Cheese, Refried Beans & Cantaloupe

4

Long John  
Augratin Potatoes & Ham, California Blend, Wheat Roll Apricots

11

Biscuits and Gravy  
Rib Patty on a bun Sweet Potato Puffs Apple Slices

18

Pancakes & Sausage  
Maidrites -loose Hamburger on a bun Tatar Tots Sliced Pears

25

Cereal, Toast & Fruit  
Cheese Pizza Corn Mixed Fruit  
**NATIONAL CHEESE PIZZA DAY**

5

Scone & Fruit  
Beefy Cheesy Nachos Corn, Salsa Kiwi

12

Breakfast Pizza- Egg/Bacon & Sausage  
Chicken Nuggets Mashed Potatoes Peas & Carrots Pears

19

Cinnamon Bun Taco- flour shell Lettuce, Cheese, Salsa, Refried Beans, Rice Applesauce

26

Breakfast Mountain Sub Sandwich- Turkey Ham & Cheese Sun Chips Carrots, & Grapes

6

Omelet Wrap  
BBQ Pork on a bun Fritos Celery with peanut butter, Orange

13

Muffin  
Corn Dog Cottage Cheese Baked Beans Pineapple

20

Cereal & Toast  
Weiner Wink Mashed Potatoes Green Beans Sliced Peaches

27

**GET READY**

**FOR NATIONAL SCHOOL LUNCH WEEK**

**OCTOBER 14-18**

[SquareMeals.org/NSLW](http://SquareMeals.org/NSLW)

